

## Parent Worker

Kate Whitehead

Kate works throughout the Ponteland Partnership and is based at Ponteland High School.

Are you&hellip;Looking for information, support or advice? Needing someone to listen? Confused?

The Ponteland Partnership now has a Parent Worker. Kate Whitehead is based in Ponteland High School and can offer parents information, advice or just a &lsquo;listening ear&rsquo;.

Kate is able to meet at a place that is convenient for you - either in your home, at school, a café or a local group&hellip;

How Kate can support you

- Offering advice to help your child cope with school
- Help with children&rsquo;s behaviour and attendance at school
- Help with information and support on starting school or changing schools
- Helping you to make the link with school

Common areas parents are interested in include:

Being consistent

Brother & sister relationships

Rules & Boundaries

Building relationships

Helping your child fit in at a new school

Helping your child deal with peer pressure

Confidence in being a parent

As a parent you are the expert on your child, but every now and then it can be useful to be able to ask someone for a bit of support

How to contact Kate

You can phone or email Kate directly or if you prefer you can ask your child&rsquo;s teacher to do this on your behalf.

Kate Whitehead, Parent Worker

Ponteland High School

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